

Table Etiquette with the ladies of Alpha Kappa Alpha Sorority, Inc.

2. No electronic hand heldgadgets/phones or pets are to be broughtto the table

3. Take your **cap/hat** off at the dinner table

4. Place **table napkin** on lap when seated, it is good etiquette and useful too

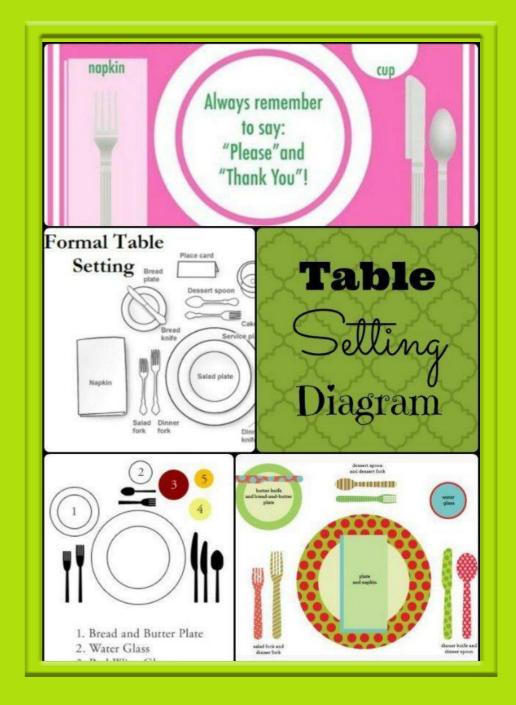
5. Wait for everyone to be **seated** before starting to eat when you are an invited guest at someone's home



are at a seated event or restaurant

7. Don't **stretch** across the table, ask someone to pass what you need

8. **Say** please and thank you - not only at the dinner table, it is generally considered to be good manners



9. Don't **talk** when you have food in your mouth and watch your portion size when eating

10. **Cut** your food to bite size pieces, i.e. don't just stab the sausage and take bites from the fork

11. Chew with your **mouth closed** always and don't smack your lips noisily



12. If the food is **too hot,** don't blow on it. Wait for it to cool or eat from the edges where its cooler

13. Don't play or comb your hair at the dinner table

14. Don't wave your **cutlery** around, it is messy and dangerous. Place your cutlery on the edge of the plate when not in use



15. Take butter from the serving dish and **place it** on your side of your bread plate then butter your bread from there

16. Use your cutlery and not your **hands** to eat

17. Don't put your **knife** in your mouth

18. Don't play with your food



19. Rude **comments** about the food is not only bad mannered, it is hurtful to the person who prepared the meal

20. Don't monopolize the **conversation** at the table or talk over adults. It is good manners to **let adults lead** the way

21. Don't take food from **other people's plates** at the table



22. **Ask** for seconds if you are still hungry, don't just help yourself

23. **Sit up straight,** no slouching, no elbows on the table

24. Ask to be **excused** from the table

25. Don't pick or blow you **nose** at the table, excuse yourself and go to the restroom







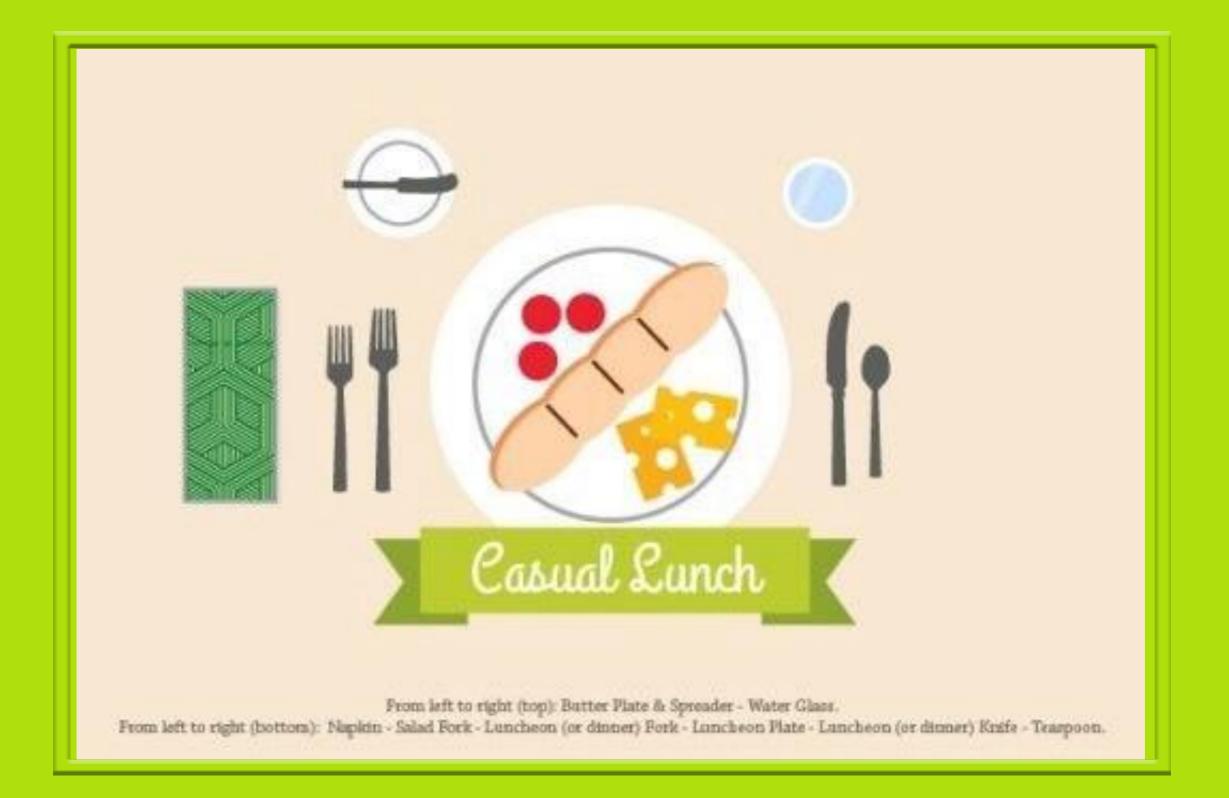
TOP TEN TABLE MANNERS TIPS!

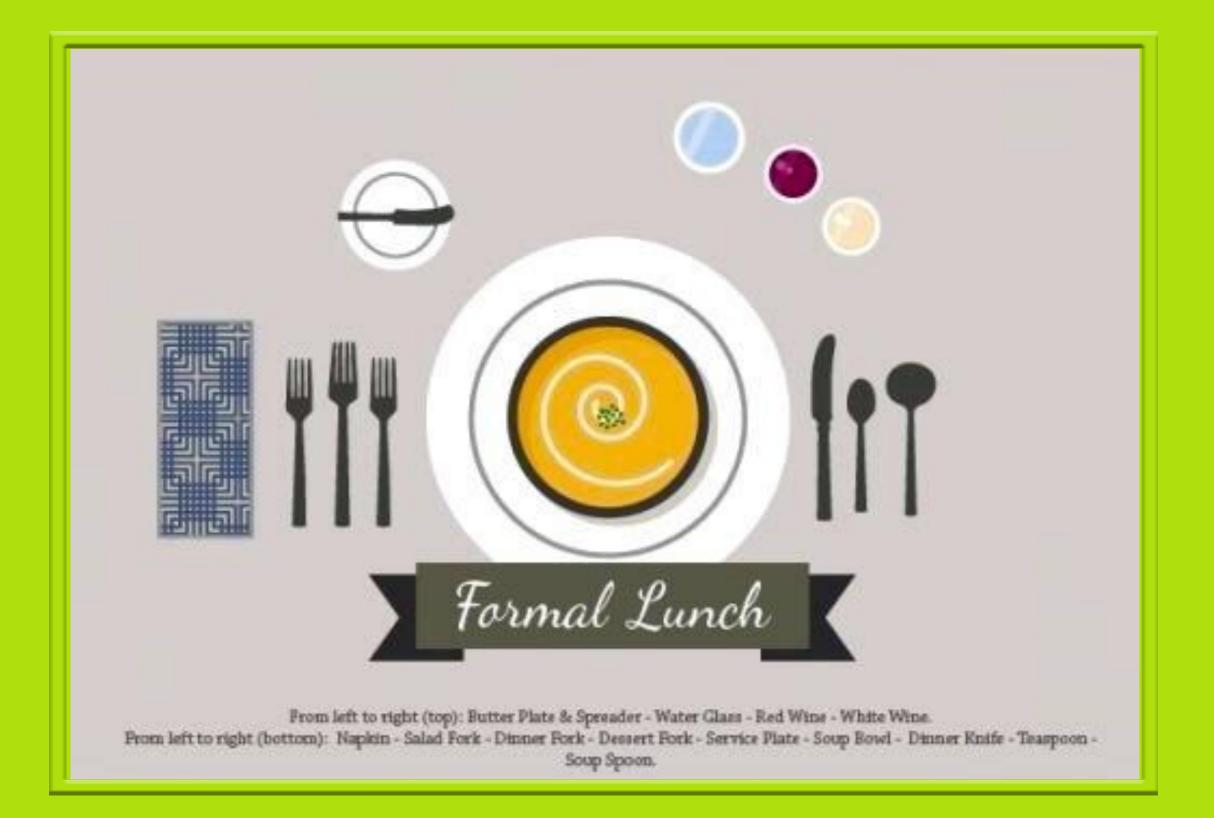
- Place your napkin in your lap
- > Turn off your phone
- > Wait for everyone to be served before eating
- Use a knife and fork to cut meat
- Cut your food one piece at a time
- Chew with your mouth closed
- > Don't reach across the table
- > Don't talk with your mouth full
- > Don't pick your teeth at the table
- > Say "excuse me" when leaving the table

Table Settings

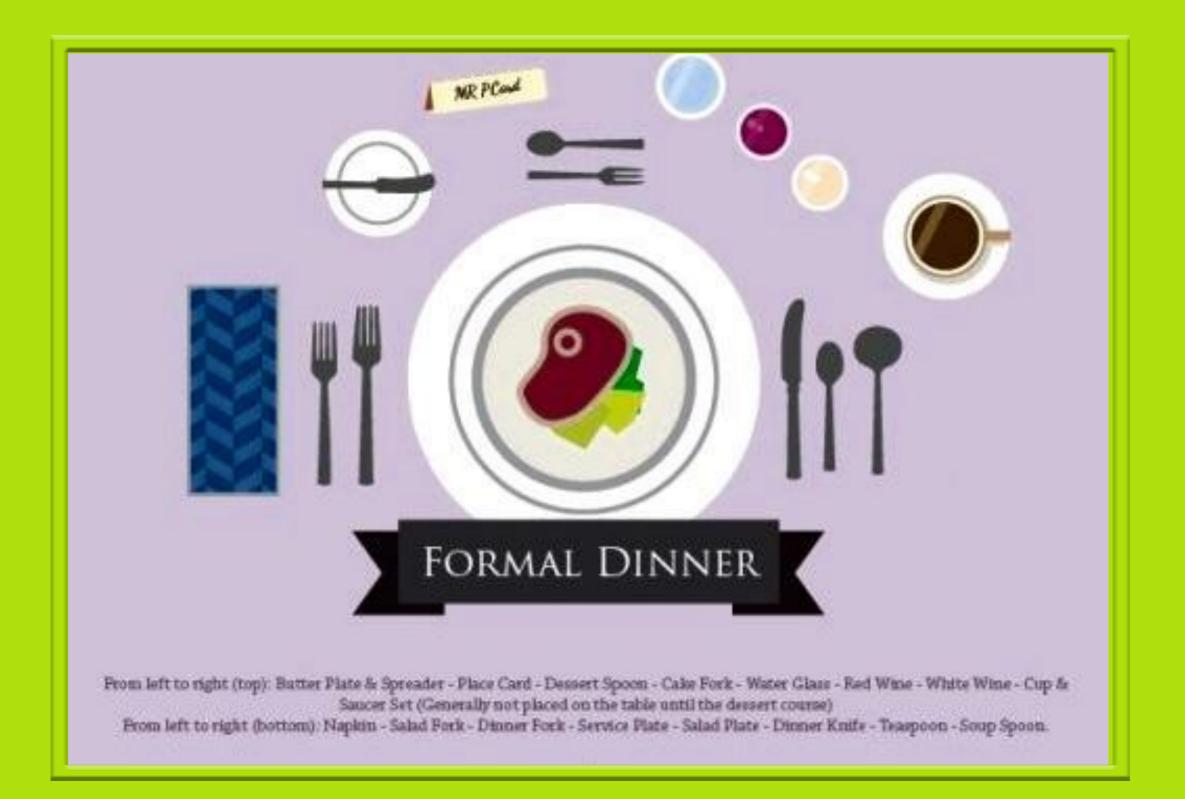














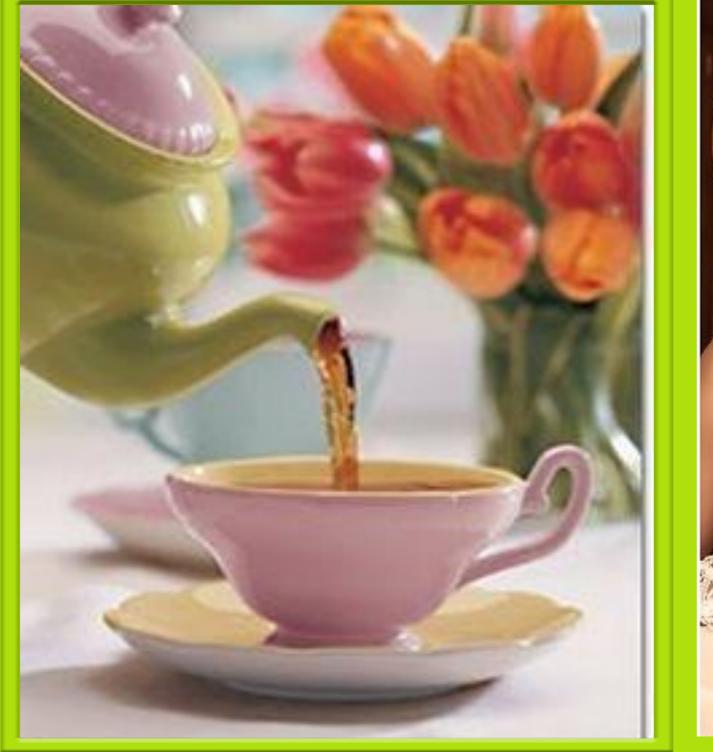
Still eating - Done eating

Finger Foods





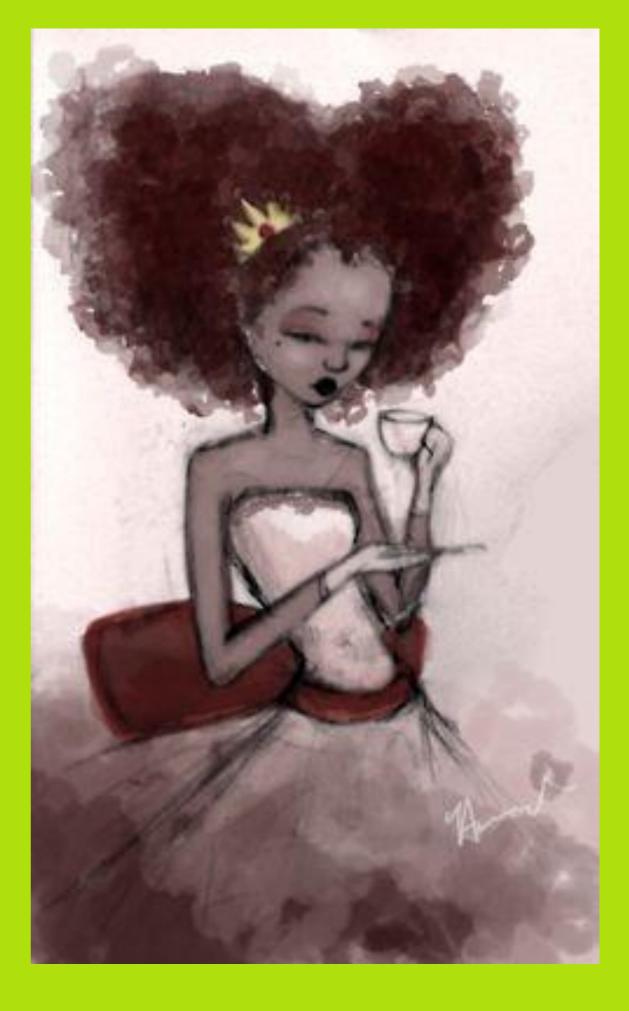






Tea Party Etiquette

Pick up your cup and saucer together – holding the saucer in one hand and cup in the other





Contrary to popular belief the ring and pinkie fingers should not be extended, but should rest by gently curving back toward your wrist





Do not stir tea, but move the tea with your spoon without clinking the sides of the cup. Do not leave the spoon in the cup, but place the spoon quietly on the saucer on the right hand side under the handle





Never dip a scone in jam or cream. Think of it as a dinner roll. Break off a bitesize piece of the scone and add the jam and cream from your plate. Scones are to be eaten with your fingers.





Never sip your tea from the spoon or place your fingers in your mouth to taste the dessert









Take small bites. Never stuff the whole sandwich or dessert in your mouth even if it appears small enough

Questions?



